

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

# January 2022

**Monthly Theme: New Beginnings**

<p>10:15 Armchair Fitness Video-TVL 10:15 Rummikub-AR 12:30 Resident Card Games-C 2:00 \$1 Bingo-C 4:00 Table Games-AR 6:45 Movie Night-Aud</p>	<p>9:45 Sit &amp; Be Fit Video-TVL 10:00 Rummikub-AR 10:15 Funny Quotes-CR 11:00 What Would You Do?-CR 12:30 Shopping-Walmart 1:15 Blackjack-C 2:45 \$1 Bingo-C 3:15 TED Video Talk-Life Is Just A Set Of New Beginnings-Aud 4:00 Table Games-AR 4:00 Stretch &amp; Strength Video-Aud 6:45 Movie Night-Aud</p>	<p>9:15 Walking Group W/Genesis-meet in the main lobby 10:00 Rummikub-AR 10:15 You Be The Judge-CR 11:00 Meditation With Music-Aud 12:30 Shopping-Publix/Winn Dixie 1:30 \$1 Pokeno-C 2:30 Best Resolutions For 2022-Discussion-Aud 4:00 Chair Yoga-Aud 4:00 Table Games-AR 6:45 DVD Showing-Aud</p>	<p>9:45 Tai Chi Video-TVL 10:00 Uno-AR 10:15 Motivational Quotes-CR 11:00 Finish The Phrase-CR 12:30 Shopping-Deerfield Mall Plaza 1:15 Sevens Card Game-C 2:30 Word Game-C 4:00 Total Body Workout Video-Aud 4:00 Rummikub-AR 6:30 \$1 Wine Down Bingo-C 6:45 DVD Showing-Aud</p>	<p>9:45 Sit &amp; Be Fit Video-TVL 10:00 Gin Rummy-AR 10:15 Wheel Of Fortune-CR 11:00 Meditation Video-Aud 12:30 Shopping-Publix/Winn Dixie 1:15 Blackjack-C 1:30 Food Committee Meeting-main Dining Room 2:30 Mad Libs Word Game-C 4:00 Rummikub-AR 4:00 Stretch &amp; Strength Video-Aud 6:45 Movie Night-Aud</p>	<p>10:00 Fitness Walk-meet in main lobby 10:00 Shopping-Walmart 11:00 Total Body Workout Video-Aud 1:00 Welcome 2022 Social Hour W/Karen Lehrman-Café 2:00 Shabbat Service W/Rabbi Wolvovsky-Aud 3:00 Rummikub-AR 4:00 Relaxation With Music-AR 6:45 Movie Night-Aud</p>
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10:15 Armchair Fitness Video-TVL  
10:15 Rummikub-AR  
12:30 Resident Card Games-C  
2:00 \$1 Bingo-C  
4:00 Table Games-AR  
6:45 Movie Night-Aud

9:45 Sit & Be Fit Video-TVL  
10:00 Rummikub-AR  
10:15 Funny Quotes-CR  
11:00 What Would You Do?-CR  
12:30 Shopping-Walmart  
1:15 Blackjack-C  
2:00 Book Review W/Linda Anton-Aud  
3:00 \$1 Bingo-C  
4:00 Table Games-AR  
4:00 Stretch & Strength Video-Aud  
4:00 Dinner Outing-Olive Garden  
6:45 Movie Night-Aud

## ASSISTED LIVING

AR=Activity Room  
Aud=Auditorium  
C=Café  
CR=IL Card Room  
TVL=Café/TV Lounge (2<sup>nd</sup> Floor)  
P=Poolside

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2022

MONTHLY THEME: NEW BEGINNINGS



10:15 Armchair Fitness-TVL **1**  
 12:30 Resident Canasta & Mah Jongg Clubs-C & CR  
 2:00 \$1 Pokeno-C  
 3:00 Sevens Card Game-C  
 4:00 Rummikub-C  
 6:45 Movie Night-Aud

New Year's Day

10:15 Armchair Fitness **2**  
 Video-TVL  
 12:30 Resident Card Games-CR  
 2:00 \$1 Bingo-C  
 3:00 Rummikub-C  
 6:45 Movie Night-Aud

9:45 Sit & Be Fit Video-TVL **3**  
 10:15 Funny Quotes-CR  
 11:00 What Would You Do?-CR  
 12:30 Shopping-Walmart  
 1:15 Blackjack-C  
 2:45 \$1 Bingo-C  
 3:15 TED Video Talk-Life Is Just A Set Of New Beginnings-Aud  
 4:00 Rummikub-C  
 4:00 Stretch & Strength Video-Aud  
 6:45 DVD Showing-Aud

9:15 Walking Group W/ Genesis-meet in main lobby **4**  
 10:15 You Be The Judge-CR  
 11:00 Meditation With Music-Aud  
 12:30 Shopping-Publix/Winn Dixie  
 1:30 \$1 Pokeno-C  
 2:30 Best Resolutions For 2022-Discussion-Aud  
 3:30 Rummikub-C  
 4:00 Chair Yoga Video-Aud  
 6:45 DVD Showing-Aud

9:45 Tai Chi Video-TVL **5**  
 10:15 Motivational Quotes-CR  
 11:00 Finish The Phrase-CR  
 12:30 Shopping-Deerfield Mall Plaza  
 1:15 Sevens Card Game-C  
 2:30 Word Game-C  
 3:30 Rummikub-C  
 4:00 Total Body Workout Video-Aud  
 6:30 \$1 Wine Down Bingo-C  
 6:45 DVD Showing-Aud

9:45 Sit & Be Fit Video-TVL **6**  
 10:15 Wheel Of Fortune-CR  
 11:00 Meditation Video-Aud  
 12:30 Shopping-Publix/Winn Dixie  
 1:15 Blackjack-C  
 2:30 Mad Libs Word Game-C  
 3:30 Rummikub-C  
 4:00 Stretch & Strength Video-Aud  
 6:45 Movie Night-Aud

10:00 Fitness Walk-meet in main lobby **7**  
 10:00 Shopping-Walmart  
 10:30 Food Committee Meeting-Main Dining Room  
 11:00 Total Body Workout Video-Aud  
 1:00 Welcome 2022 Social Hour W/Karen Lehrman-Café  
 2:00 Shabbat Service W/Rabbi Wolvovsky-Aud  
 3:00 Table Games-CR  
 6:45 Movie Night-Aud

10:15 Armchair Fitness-TVL **8**  
 12:30 Resident Canasta & Mah Jongg Clubs-C & CR  
 1:00 Afternoon Movie-Aud  
 2:00 \$1 Pokeno-C  
 3:00 Sevens Card Game-C  
 4:00 Rummikub-C  
 7:00 Entertainment With Jeff Saks-Aud

10:15 Armchair Fitness **9**  
 Video-TVL  
 12:30 Resident Card Games-CR  
 2:00 \$1 Bingo-C  
 3:00 Rummikub-C  
 6:45 Movie Night-Aud

9:45 Sit & Be Fit Video-TVL **10**  
 10:15 Funny Quotes-CR  
 11:00 What Would You Do?-CR  
 12:30 Shopping-Walmart  
 1:15 Blackjack-C  
 2:45 \$1 Bingo-C  
 3:30 Mad Libs Word Game-Aud  
 4:00 Rummikub-C  
 4:00 Stretch & Strength Video-Aud  
 6:45 DVD Showing-Aud

9:15 Walking Group W/ Genesis-meet in main lobby **11**  
 10:15 You Be The Judge-CR  
 11:00 Meditation With Music-Aud  
 12:30 Shopping-Publix/Winn Dixie  
 1:30 Technology Class W/TDM Technologies-Best Health & Fitness Apps For Seniors  
 2:30 \$1 Pokeno-C  
 3:30 Rummikub-C  
 4:00 Chair Yoga Video-Aud  
 6:45 DVD Showing-Aud

9:45 Tai Chi Video-TVL **12**  
 10:15 Motivational Quotes-CR  
 11:00 Finish The Phrase-CR  
 11:45 Lunch Outing-Grand Luxe Cafe  
 1:15 Sevens Card Game-C  
 2:30 Word Game-C  
 3:30 Rummikub-C  
 4:00 Total Body Workout Video-Aud  
 6:30 \$1 Wine Down Bingo-C  
 6:45 DVD Showing-Aud

9:45 Sit & Be Fit Video-TVL **13**  
 10:15 Wheel Of Fortune-CR  
 11:00 Meditation Video-Aud  
 12:30 Shopping-Publix/Winn Dixie  
 1:15 Blackjack-C  
 2:30 Outdoor Relaxation With Music  
 3:30 Rummikub-C  
 4:00 Stretch & Strength Video-Aud  
 6:45 Movie Night-Aud

10:00 Fitness Walk-meet in main lobby **14**  
 10:00 Shopping-Walmart  
 11:00 Chair Fitness With Emily-Aud  
 11:30 Trivia-Aud  
 1:00 Social Hour W/Gene Fabian-Café  
 2:00 Shabbat Service W/Rabbi Wolvovsky-Aud  
 3:00 Table Games-CR  
 6:45 Movie Night-Aud

10:15 Armchair Fitness-TVL **15**  
 12:30 Resident Canasta & Mah Jongg Clubs-C & CR  
 2:00 \$1 Pokeno-C  
 3:00 Sevens Card Game-C  
 4:00 Rummikub-C  
 6:45 Movie Night-Aud

10:15 Armchair Fitness **16**  
 Video-TVL  
 12:30 Resident Card Games-CR  
 2:00 \$1 Bingo-C  
 3:00 Rummikub-C  
 6:45 Movie Night-Aud

9:45 Sit & Be Fit Video-TVL **17**  
 10:15 Funny Quotes-CR  
 11:00 What Would You Do?-CR  
 12:30 Shopping-Walmart  
 1:15 Blackjack-C  
 2:45 \$1 Bingo-C  
 3:15 DVD Presentation: MLK-I Had A Dream-Aud  
 4:00 Rummikub-C  
 4:00 Stretch & Strength Video-Aud  
 6:45 DVD Showing-Aud

Martin Luther King Jr. Day

9:15 Walking Group W/ Genesis-meet in main lobby **18**  
 10:15 You Be The Judge-CR  
 11:00 Meditation With Music-Aud  
 12:30 Shopping-Publix/Winn Dixie  
 1:30 \$1 Pokeno-C  
 2:30 10 Rules For Turning Tough Times Into New Beginnings-Aud  
 3:30 Rummikub-C  
 4:00 Chair Yoga Video-Aud  
 6:45 DVD Showing-Aud

9:45 Tai Chi Video-TVL **19**  
 10:15 Motivational Quotes-CR  
 11:00 Finish The Phrase-CR  
 11:00 Outing-Movie Matinee At Cinemark Palace Theaters  
 1:15 Sevens Card Game-C  
 2:30 Feel Like New-The Benefits Of Massage Presented By Genesis-Aud  
 3:30 Rummikub-C  
 4:00 Total Body Workout Video-Aud  
 6:30 \$1 Wine Down Bingo-C  
 6:45 DVD Showing-Aud

9:45 Sit & Be Fit Video-TVL **20**  
 10:15 Wheel Of Fortune-CR  
 11:00 Meditation Video-Aud  
 12:30 Shopping-Publix/Winn Dixie  
 1:15 Blackjack-C  
 3:00 Music Lecture W/Harry Getzov-Aud  
 4:00 Rummikub-C  
 4:00 Stretch & Strength Video-TVL  
 6:45 Movie Night-Aud

10:00 Fitness Walk-meet in main lobby **21**  
 10:00 Shopping-Festival Flea Market  
 11:00 Chair Fitness With Emily-Aud  
 11:30 Trivia-Aud  
 1:00 Social Hour W/Nanci Suzanne-Café  
 2:00 Shabbat Service W/Rabbi Wolvovsky-Aud  
 3:00 Table Games-CR  
 6:45 Movie Night-Aud

10:15 Armchair Fitness-TVL **22**  
 12:30 Resident Canasta & Mah Jongg Clubs-C & CR  
 1:00 Afternoon Movie-Aud  
 2:00 \$1 Pokeno-C  
 3:00 Sevens Card Game-C  
 4:00 Rummikub-C  
 7:00 Entertainment With Marlene Solender-Aud

10:15 Armchair Fitness **23**  
 Video-TVL  
 12:30 Resident Card Games-CR  
 2:00 \$1 Bingo-C  
 3:00 Rummikub-C  
 6:45 Movie Night-Aud

Activity Professionals Week

9:45 Sit & Be Fit Video-TVL **24**  
 10:15 Funny Quotes-CR  
 11:00 6 Ways To Invite A Spiritual Awakening To Transform Your Life  
 12:30 Shopping-Walmart  
 1:15 Blackjack-C  
 2:45 \$1 Bingo-C  
 3:30 Mad Libs Word Game-Aud  
 4:00 Rummikub-C  
 4:00 Stretch & Strength Video-Aud  
 6:45 DVD Showing-Aud

9:15 Walking Group W/ Genesis-meet in main lobby **25**  
 10:15 You Be The Judge-CR  
 11:00 Meditation With Music-Aud  
 12:30 Shopping-Publix/Winn Dixie  
 1:30 \$1 Pokeno-C  
 2:30 Taste Testing & Demo With Chef Tony-C  
 3:30 Rummikub-C  
 4:00 Chair Yoga Video-Aud  
 6:45 DVD Showing-Aud

9:45 Tai Chi Video-TVL **26**  
 10:15 Motivational Quotes-CR  
 11:00 Finish The Phrase-CR  
 12:30 Shopping-Deerfield Mall Plaza  
 1:15 Sevens Card Game-C  
 2:30 Chinese Calligraphy & Brush Painting W/Mary Eiland-C  
 3:00 New Resident Orientation Social-Aud  
 4:00 Total Body Workout Video-Aud  
 6:30 \$1 Wine Down Bingo-C  
 6:45 DVD Showing-Aud

Australia Day (observed)

9:45 Sit & Be Fit Video-TVL **27**  
 10:15 Wheel Of Fortune-CR  
 11:00 Meditation Video-Aud  
 12:30 Shopping-Publix/Winn Dixie  
 1:15 Blackjack-C  
 2:00 Town Hall Meeting-Aud  
 3:00 Making New Beginnings Posters-C  
 4:00 Stretch & Strength Video-Aud  
 4:00 Rummikub-C  
 5:00 Chinese New Year Theme Dinner  
 6:45 Movie Night-Aud

10:00 Fitness Walk-meet in main lobby **28**  
 10:00 Shopping-Walmart  
 11:00 Chair Fitness With Emily-Aud  
 11:30 Trivia-Aud  
 1:00 Birthday Social Hour W/Mario Russo-Café  
 2:00 Shabbat Service W/Rabbi Wolvovsky-Aud  
 3:00 Table Games-CR  
 6:45 Movie Night-Aud

10:15 Armchair Fitness-TVL **29**  
 12:30 Resident Canasta & Mah Jongg Clubs-C & CR  
 2:00 \$1 Pokeno-C  
 3:00 Sevens Card Game-C  
 4:00 Rummikub-C  
 6:45 Movie Night-Aud

10:15 Armchair Fitness **30**  
 Video-TVL  
 12:30 Resident Card Games-CR  
 2:00 \$1 Bingo-C  
 3:00 Rummikub-C  
 6:45 Movie Night-Aud

9:45 Sit & Be Fit Video-TVL **31**  
 10:15 Funny Quotes-CR  
 11:00 What Would You Do?-CR  
 12:30 Shopping-Walmart  
 1:15 Blackjack-C  
 2:00 Book Review W/Linda Anton-Aud  
 3:00 \$1 Bingo-C  
 4:00 Rummikub-C  
 4:00 Stretch & Strength Video-Aud  
 4:00 Dinner Outing-Olive Garden  
 6:45 DVD Showing-Aud

**INDEPENDENT LIVING**

**Aud=Auditorium**  
**C=Café**  
**CR=Card Room**  
**TVL=Café/TV Lounge (2<sup>nd</sup> Floor)**  
**P=Poolside**


